

Follow up activity: Words and Pictures**What you need:** White boards and pens

- 1) In your groups decide which of the 10 words describes each picture
- 2) Write your answers on a white board in your groups
- 3) The teacher will ask one pupil from each group to feed back to the main white board
- 4) a) Why did you choose this word? (b) Did you change your mind after talking about this with the rest of the class?

Watch this video clip: <https://www.youtube.com/watch?v=c96SNjihPjQ>

1) Pictures

a)



(b)



c)



(d)

**Words**

Fake natural thoughtful happy sad clever confused lonely peaceful posing

2) Pictures

a)



b)



c)



d)



Words

Fake natural thoughtful happy sad clever confused lonely peaceful posing

3) Pictures

a)



b)



c)



d)



Words

Fake natural thoughtful happy sad clever confused lonely peaceful posing

4) Pictures

a)



b)



c)



d)



Words

Fake natural thoughtful happy sad clever confused lonely peaceful posing

Finally: **watch this clip**, we hope you enjoyed this activity and power point!

[HG2019279 Dove DSEP Girls and Boys Change One Thing VerB NL HD 23976 FCP001 - Bing video](#)

Return to school in Bubbles Quiz

1. Indoor crafts help to build self-esteem through finding your own style

TRUE

FALSE

2. Good examples of positive mindfulness are:

A. worry about what just happened

B. Don't worry and be in the here and now

C. worry about what to do next

3. Ideal things to say to each other are:

A. It would be really kind if you could help!

B. I don't like you because you're not helping!

C. I'm not your friend because you're not helping!

4. Outdoor activities that you enjoy can help Body confidence

TRUE

FALSE

5. Small social bubbles can help those who are shy in big groups

TRUE

FALSE